



Left to right: Some team members of Hope Springs—Vaneisa, Sylvester Stallone's former polo pony; instructor Jeannie Knowlton; volunteer Pauli Brandt; Sir Dudley; Richard Chamositz, Chairman; and Elena Gonzales Shaffer, President & Executive Director

# Horse Therapy Volunteers Reap Many Rewards: *Friendships, Fulfillment, and Fitness and Horsemanship is Not Required*

By Christine Little