



## Experience the Wonder of Equestrian Therapy!

**Jeannie Knowlton**, *Executive Director*  
director@hope-springs.org

**Jan Brooks**, *Camp Education Program*  
camps@hope-springs.org

### Mailing Address

P.O. Box 156  
Chester Springs, PA 19425

### Camp Location

1800 Art School Road  
Chester Springs, PA 19425

### Phone Number

610-827-0931

### Website

www.hope-springs.org

### Find us on Facebook

HopeSpringsOrg

Hope Springs is a Pennsylvania nonprofit organization, tax-exempt under Section 501(c)3 of the Internal Revenue Act. We are a member of the Pennsylvania Association of Nonprofit Organizations and the PA Council on Therapeutic Horsemanship.

## Hope Springs Equestrian Therapy

## Horse Camps



Fun-filled, educational  
half-day camps  
for children with disabilities



The mission of  
**Hope Springs Equestrian  
Therapy** is to enhance the  
quality of life of individuals  
with cognitive, physical,  
emotional or behavioral  
disabilities by providing  
affordable therapeutic horseback  
riding of the highest possible  
quality and associated special  
education, in a warm, safe and  
familiar environment.

Hope Springs Equestrian Therapy



## Kids, join Hope Springs for a fun-filled, educational week-long or single-day Horse Camp!

Week-long Summer Camps offer school-age kids with disabilities a chance to connect with a very special therapeutic partner: their horse. With the help of specially-trained instructors and caring volunteers, campers learn to groom, tack, and ride their horses. They participate in many fun activities such as trail riding, scavenger hunts and a show in which they demonstrate new skills to friends and family. Campers improve their balance, coordination, strength and endurance; gain self-confidence and self-esteem; and forge new friendships with fellow campers.

Each camp includes our unique curriculum "The Journey of the Spirit Horse" -- an opportunity for children to learn in an innovative, creative environment based on the use of horses throughout history.

Campers improve communication and fine motor skills through arts and crafts, listening to and writing stories about horses and the children who love them, and playing horse-themed games. They enhance life skills by learning about respect for nature, trust, friendship and sportsmanship.

Our Saturday and Winter mini-camps are single-day sessions designed to introduce children to therapeutic riding and related educational activities. Winter camps, offered during December school vacation, even allow children with disabilities to participate along with their siblings and friends.

To ensure that everyone receives individualized attention, camp sessions are limited to 8 children. Each camp day starts at 9 am (10 am in the winter) and ends at 1 pm after a bring-your-own lunch. No horse experience needed; helmets and safety instruction provided.

*"We did a lot of cool activities at camp. We made nature bags, went on trust walks and made friendship bracelets and horse masks. The scavenger hunt was my favorite. We trotted in the ring. I enjoyed interacting with the other kids. The volunteers were nice. It was fun!"*

