

## THE LEAD LINE

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Lauren Eder  
Devorah Fried  
Helen Garthwaite  
Dallas Knowlton  
Melanie McCartney  
Ann McCloud-Sneath

### VOLUNTEER COORDINATOR

Irene Lisinski  
volunteer@  
hope-springs.org

*Hope Springs Equestrian Therapy is tax-exempt under Section 501(c)(3) of the Internal Revenue Service. We are a member of the Pennsylvania Association of Nonprofit Organizations and the PA Council on Therapeutic Horsemanship.*

### MAILING ADDRESS:

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### FACILITY LOCATION:

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Malvern, PA 19355  
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# Hope Springs

*Experience the wonder!*

SUMMER 2015

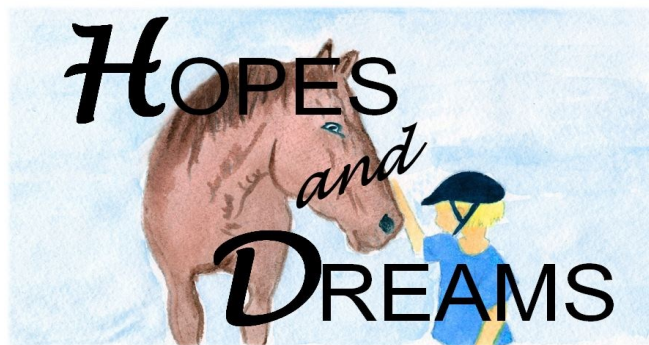
## JOIN US FOR HOPES AND DREAMS 2015!

Over 120 people joined us on October 4<sup>th</sup> last year for our "Hopes and Dreams" fundraiser. Our riders, parents, instructors, volunteers, board members, donors and their guests enjoyed a wonderful assortment of food and yummy desserts. Everyone had a wonderful time as we celebrated another year of great accomplishments. We send our heartfelt thanks to all who made this celebration so successful – especially our donors and sponsors.



Hope Springs Equestrian Therapy will be celebrating our 18<sup>th</sup> year of service to riders with disabilities by holding our annual "Hopes and Dreams" fundraiser on Sunday October 11<sup>th</sup> from 11 a.m. to 3 p.m. This year's event will be a benefit brunch hosted at the Whitford Country Club in Exton, PA. All proceeds from this family-friendly fundraiser directly benefit the riders of Hope Springs.

In addition to a full buffet brunch, this year's event will include a large selection of items in our silent auction and a Hope Springs-inspired pony bingo. We will have face painting and a children's craft corner to keep the little ones entertained too.



*If you are interested in buying tickets to join us at this year's benefit brunch, or donating goods or services to help us raise funds, please visit us at [www.hope-springs.org/HopesAndDreams](http://www.hope-springs.org/HopesAndDreams) or call us at (484) 202-0634.*

### THANK YOU TO OUR 2014 HOPES AND DREAMS SPONSORS!

#### GALLOP

THE SWIMM FAMILY  
THE PHIFER-GERTZ FAMILY  
CORE COMPETENCE, INC.

#### CANTER

COLLIERS INTERNATIONAL

#### TROT

WHARTON ADVISORY GROUP  
THORNCROFT  
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EILEEN M. CORL  
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#### WALK

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THE GORNI-STONER FAMILY  
THE REYNOLDS FAMILY

### Follow HSET on Facebook at

<https://www.facebook.com/HopeSpringsOrg>

No login is necessary!

Follow us @HopeSpringsOrg



## Meet the Horses of Hope Springs!

We posed the following question to our riders and their families in March...

***Who is your favorite therapy animal at Hope Springs?***

We received a great response and so many kind comments! See the results & a summary of comments below...



**Henri (14 votes)**

Henri is handsome, friendly with a singularly independent personality!



**Beauty (12 votes)**

Beauty is sassy, classy and beautiful (of course)!



**Monte (12 votes)**

Monte is tall, dark & handsome ...and quite the ladies' man!



**Tempest (12 votes)**

Tempest is our gentle, loving giant!



**Baron (11 votes)**

Baron is handsome, noble, goofy... and a dear gentleman!



**Cricket (11 votes)**

Cricket is bouncy, cute and she takes great care of her riders!



**J Lo (10 votes)**

J Lo is sweet, gentle, patient, well-behaved and cuddly!



**Norman (8 votes)**

Norman is fluffy and adorable, he can hang with the big boys!



**Peter (8 votes)**

Peter is "clearly huggable" (when he wants to be)!

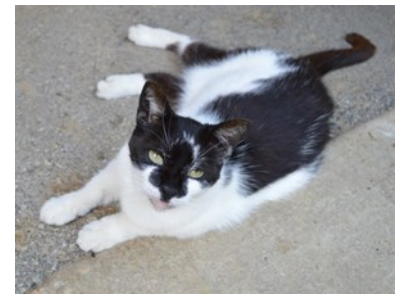
**Smudge (13 votes)**

Smudge is our resident snuggler with the loudest purr at the barn!

**We also received a few votes for all the animals**

**because...."Who can choose? We love them all!"**

**...and it's true – we love all our therapy animals!**



To read all the survey comments, please visit our website page: [www.hope-springs.org/MeetOurHorses](http://www.hope-springs.org/MeetOurHorses)

### ***Interested in Therapeutic Riding?***

Since 1997, Hope Springs has served thousands of children, youth and adults with physical, mental, developmental, social and behavioral disabilities. Our approach to equestrian therapy is rider-centered, with each receiving individualized attention, instruction, and therapy. We delivered nearly 1,500 lessons and 50 camp days in 2014, and we look forward to serving all of our riders in 2015. To learn more about riding at Hope Springs or our horse camps, visit [www.hope-springs.org](http://www.hope-springs.org).

## ***We Have a New Classroom!***

One of our major accomplishments in 2014 was the building of an addition at the back of the barn. Riders are using our new classroom during inclement weather and it is the perfect space for special education, crafts and activities during our camps.

A ***BIG THANK YOU!*** to Andy Cappelli for all his hard work and dedication in overseeing the construction of our new classroom. ***Thank you*** to all the contractors who contributed to this project, many of whom discounted their services or donated materials to help us achieve this big goal!



Thank you  
to all of  
our  
dedicated  
volunteers!



## ***Bob Cashen Memorial Scholarship Fund***

### ***A Special Thanks to the Cashen Family and the Council on Brain Injury (CoBI)***



Bob Cashen, a ReMed resident, began riding at Hope Springs in 2011. A survivor of traumatic brain injury at age 18 and spinal cord injury at 41, Bob loved riding and immediately formed a special bond with his therapy horse Beauty. They were inseparable until Bob's death in November 2014. Bob's family chose to honor his memory by supporting this organization that he loved.

Through May 2015, Bob's family and friends donated over \$3,750 to Bob's Fund, established by CoBI (Council on Brain Injury), in support of our "Hope Springs for All" program. These donations will help Hope Springs deliver the remarkable benefits of equestrian therapy to many others striving to live full, happy lives despite their injuries.

To read more about Bob's Fund, visit

<http://www.hope-springs.org/docs/2015/HSET-BobsFund-PressRelease-June2015.pdf>

## **United Way Volunteer Day – Friday, June 19<sup>th</sup>**

Hope Springs Equestrian Therapy was fortunate to benefit from a United Way Volunteer Day on Friday June 19<sup>th</sup>. Volunteers from the John Middleton, an Altria Company, based in Limerick, PA, working through the United Way of Greater Philadelphia and Southern New Jersey, joined the HSET staff to clean up and improve all areas of the barn.

A large group of over 60 people painted trim, gates & railings, washed windows, washed horses, cleaned tack, cleared & extended our “secret” trail and much more. No task was too dirty or buggy or hard!

In addition to the volunteers from the local area, some people came from as far away as Atlanta, GA, and Richmond, VA. **Thank you** so much to the employees & family members of the John Middleton company for their time, hard work and extremely generous donations!



## **Unmounted Equestrian Therapy Pilot Program (UP!)**

From June 2014 through March 2015, Hope Springs delivered equine services to several ReMed clients with traumatic brain injury (TBI) through our Unmounted Equestrian Therapy Pilot Program (UP!).

The program combined horse care education and unmounted horse handling with equestrian-themed music, cognitive and art therapy. Our instructors worked closely with RedMed to identify the pilot's vision and goals. The pilot focused on delivering benefits including improvements in core strength, hand-eye coordination, and dexterity as well as increased self-esteem, confidence and independence.

Funding for the pilot program totaled over \$5,000 and was supported by grants from the Council on Brain Injury (CoBI) and The Pilot Club of Valley Forge. We are very grateful to these organizations for their continued support of HSET!



# #GIVING TUESDAY

**Thank you to our supporters who donated to our Giving Tuesday campaign in December 2014!**

For more information on Giving Tuesday, please check out [www.hope-springs.org/givingtuesday](http://www.hope-springs.org/givingtuesday).

### **Do you shop on Amazon?**

If you are an online shopper & frequent Amazon.com, please consider visiting [Smile.Amazon.com](http://Smile.Amazon.com) and designating Hope Springs as your charity. When you shop via Amazon Smile, Amazon donates 0.5% of every purchase you make to Hope Springs – at no additional cost to you!

### WHAT'S BEEN HAPPENING AT HOPE SPRINGS?

<b>FEBRUARY</b>	<b>21</b>	<b>VALENTINE'S DAY HORSE CAMP</b>
<b>MARCH</b>	<b>21</b>	<b>SPRING 2015 HORSE SHOW</b>
<b>APRIL</b>	<b>11</b>	<b>SATURDAY HORSE CAMP</b>
<b>MAY</b>	<b>16</b> <b>23</b>	<b>SPRING OPEN HOUSE</b> <b>DEVON HORSE SHOW HANDICAPPED</b> <b>RIDERS DIVISION, THORNCROFT</b>
<b>JUNE</b>	<b>20</b>	<b>SATURDAY HORSE CAMP</b>

### WHAT'S COMING UP AT HOPE SPRINGS?

<b>JULY</b>	<b>27-31</b>	<b>JULY SUMMER CAMP</b>
<b>AUGUST</b>	<b>3-7</b>	<b>AUGUST SUMMER CAMP</b>
<b>SEPT</b>	<b>11-13</b> <b>12</b>	<b>WHITFORD CHARITABLE</b> <b>FUND CLASSIC EVENT</b> <b>SATURDAY HORSE CAMP</b>
<b>OCTOBER</b>	<b>11</b> <b>31</b>	<b>HOPES AND DREAMS 2015</b> <b>HALLOWEEN HORSE CAMP</b>
<b>NOVEMBER</b>	<b>14</b>	<b>FALL 2015 HORSE SHOW</b>
<b>DECEMBER</b>	<b>5</b> <b>27-29</b>	<b>HOLIDAY OPEN HOUSE</b> <b>HOLIDAY HORSE CAMPS</b>



### ***Thank you to the West Laurel Hill Cemetery!***

Hope Springs Equestrian Therapy was selected to benefit from a Kentucky Derby-inspired event sponsored by the West Laurel Hill Cemetery, located in Bala Cynwyd, PA. On Saturday May 2<sup>nd</sup>, 2015 West Laurel Hill

patrons, HSET board members, instructors and supporters enjoyed Kentucky Derby-inspired food & drinks and gathered to watch the 141<sup>st</sup> running of the "Fastest Two Minutes in Sports"!

We look forward to again celebrating with the West Laurel Hill Cemetery at next year's Kentucky Derby party on May 7, 2016. Save the date & plan to come out and support Hope Springs!



### **Horse Camps for Kids with Disabilities**

**Trail Rides!  
Crafts!  
Games!  
Teamwork!**

[www.hope-springs.org/camps](http://www.hope-springs.org/camps)



### **OUR THANKS TO THESE FOUNDATIONS FOR THEIR GENEROUS SUPPORT!**

Allerton Foundation  
Barra Foundation  
Build-A-Bear Workshop Foundation  
Council on Brain Injury  
Connelly Foundation  
Detwiler Family Foundation  
Elsie Lee Garthwaite Memorial Foundation  
Ethel Sergeant Clark Smith Memorial Fund  
Finish Line Youth Foundation  
Focus Foundation  
Harriet G Fredericks Foundation  
Hockman Family Foundation,  
a fund of the Chester County Community Foundation  
Independence Foundation  
Kistler Tiffany Foundation  
Meridian Bank  
Mill Spring Foundation

Penn Liberty Bank  
Pennsylvania National Horse Show  
Phoenixville Community Health Foundation  
Pilot Club of Valley Forge  
Quaker City Foundation  
Siemens Caring Hands Foundation  
Stephen and Mary Birch Foundation  
Stewart Huston Charitable Trust  
The RJM Foundation  
Whitford Charitable Fund,  
a fund of the Chester County Community Foundation  
The Bob Cashen Memorial Scholarship Fund  
The Family and Friends of Paul D. Akins III  
The Family and Friends of Richard J. "Rick" Randolph  
The Wawa Foundation  
West Laurel Hill Cemetery Kentucky Derby Benefit  
XL Catlin



Address Correction Requested.

HOPE SPRINGS EQUESTRIAN THERAPY, INC.  
P.O. Box 156, Chester Springs, PA 19425

THE LEAD LINE



## PLEASE SUPPORT HOPE SPRINGS!

Thanks to all of you -- the friends and families of Hope Springs! We look forward to your continued support this year.

**PLEASE DONATE USING THE ENCLOSED ENVELOPE OR  
GIVE ON-LINE AT [www.hope-springs.org](http://www.hope-springs.org)**

Hope Springs simply could not do what we do without you. With YOUR help, we can provide life-enriching experiences to even more children and adults like Raven...



*My son Raven, born with Optic Nerve Hypoplasia, has been in occupational, physical, vision and speech therapies since he was a year old. We came to Hope Springs in 2013 because I had heard that equestrian therapy often does wonders for people. I wanted Raven to have an activity that would really be fun AND beneficial for him. Well, we have found it.*

*At first, Raven resisted going to lessons, although he enjoyed himself once he got there. Today, he is certainly always ready to ride his therapy horse Beauty; he talks about her at home a lot too. Raven LOVES to ride! He has always needed a little extra input; his horse's movement definitely gives him that stimulation. And Raven has fun imitating the snorts that Beauty makes.*

*I have seen many improvements over the two years since Raven started riding. He gets good speech practice using commands during lessons and great exercise reaching across his midline, especially with his weaker arm. All around, Raven has grown much stronger, and his focus and visual attention have gotten much better. While he still has a weaker leg that can cause him to trip, Raven is 100% better now at regaining his balance.*

*All of the instructors and volunteers at Hope Springs are amazing. Everyone was welcoming and helpful right from the start. We are so thankful to Hope Springs for all that they have done for Raven -- including all of the donors who make therapeutic riding possible for kids like Raven. We wouldn't be able to continue Raven's lessons without this kind of support. Thank you!"*

*-- Jacqueline Chriepto, mother of 5-year old Raven*

Visit our website to learn more about Hope Springs' riding programs, the many physical, mental, and emotional benefits of equestrian therapy, and how YOUR DONATION can make a real difference in the lives of riders like Raven.