



THE LEAD LINE

HOPE SPRINGS EQUESTRIAN THERAPY, INC.

FALL 2018

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Hope Springs Equestrian Therapy is tax-exempt under Section 501(c)(3) of the Internal Revenue Service.

We are a member of the Pennsylvania Association of Nonprofit Organizations and the PA Council on Therapeutic Horsemanship.



MAILING ADDRESS

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Chester Springs, PA 19425

WEBSITE & EMAIL

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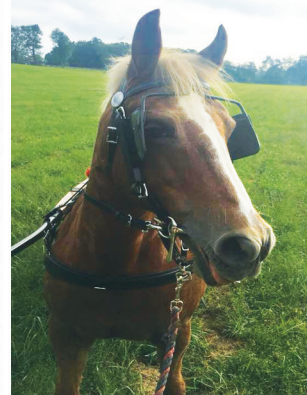
FACILITY LOCATION

1800 Art School Rd
Chester Springs, PA

@HOPESPRINGSORC



NEW THERAPEUTIC DRIVING CLASS ENHANCES STUDENT OPTIONS



BY INTRODUCING A NEW THERAPEUTIC DRIVING PROGRAM, HOPE SPRINGS HOPES TO EXTEND THE BENEFITS OF EQUINE-ASSISTED HEALTH SERVICES TO INDIVIDUALS UNABLE TO RIDE HORSES.

Therapeutic driving is about imparting knowledge of safety, horses, harnessing, and driving skills to children and adults with disabilities using teamwork. Hope Springs is excited to be adding a driving program—"Cricket's Carriage Class"—to further enhance the experiences available to our students.

Paramount to equestrian therapy is rider safety. When a student cannot ride a horse safely or comfortably due to disability, we must seek alternatives to make the benefits of equestrian therapy available to them. This quest led our staff to explore therapeutic driving as a way to offer students with physical, mental, sensory, or emotional disabilities the rewards of interaction and control of a horse or pony from a carriage seat.

According to the Professional Association of Therapeutic Horsemanship (PATH), "Therapeutic driving (also known as carriage driving) can offer students with physical, mental, sensory, or emotional disabilities the rewards of interaction and control of a horse or pony while driving from a carriage seat. Therapeutic driving gives participants a riding alternative, opening up the

world of horses to those who may be unable to ride due to weight, balance, fatigue, allergies, asthma, fear of heights, the inability to sit astride, or other issues. It can also provide the student with a unique movement experience."

Driving is taught as a series of progressive skills broken down into teachable "bites" appropriate for each student's abilities. Each student progresses at a rate that challenges them while facilitating feelings of accomplishment and physical benefits. For example, students with injuries that might be exacerbated by riding a horse may still safely experience the sense of power that comes from remotely-controlling a horse using one's voice and reins, while students with hypotonia may improve muscle tone by rocking gently in a two-wheel horse cart.

Executive Director Jeannie Knowlton is enthusiastic about this new

offering at Hope Springs.

"Cricket's Carriage Class is an exciting addition to our program," Knowlton said. "This will allow our students who are no longer able to ride the opportunity to experience not only working with the pony but actually get the motion of the horse thru the movement of the cart as Cricket pulls us thru the countryside."

WHEN A STUDENT CANNOT RIDE A HORSE SAFELY OR COMFORTABLY DUE TO DISABILITY, WE MUST SEEK ALTERNATIVES TO MAKE THE BENEFITS OF EQUESTRIAN THERAPY AVAILABLE TO THEM.

Founded in 1997, Hope Springs is a non-profit focused on delivering equine-assisted health services to local children and adults with disabilities. Students served by our Hope Springs for All program have a wide range of diagnoses, including autism, intellectual developmental delays, traumatic brain and spinal injuries, cerebral palsy, Alzheimer's disease, visual or hearing impairment, spina bifida, bipolar disorder, Down Syndrome, and polio. Through the years, many hundreds of children and adults with disabilities have benefited from these equine-assisted health services, increasing their strength, stamina, coordination and overall quality of life. 🐾

A VERY SPECIAL THANK YOU TO
OUR FRIENDS PAT AND BIFF RUGH
FOR THEIR GENEROUS DONATION
OF CRICKET'S NEW CART!

CELEBRATING HOPE

Celebrate Hope!



*Sunday, October 7th, 2018, 11 AM - 3 PM
Whitford Country Club, Exton, PA
Net proceeds benefit Hope Springs, a 501(c)3 non-profit.*

Our annual fall fundraiser, **Celebrate Hope**, brought the Hope Springs community together to celebrate our 21st year of service to riders with disabilities.

"This year's theme, 'Celebrate Hope,' is especially fitting as we celebrate our students and the confidence they gain as they achieve their personal goals," said Hope Springs President Sandy Hansen. "We also celebrate our dedicated team of instructors and volunteers whose hard work and passion make a difference in quality of life for our riders."

Executive Director Jeannie Knowlton was proud to celebrate this anniversary with so many Hope Springs supporters. "For 21 years, Hope Springs Equestrian Therapy has helped our students achieve goals that they themselves did not realize they had," Knowlton said. "Not only did we watch and help them achieve these goals, but we also helped their families, friends and caregivers give support and encouragement to each student. Every smile, laugh and even some tears are a testament to the fortitude and courage of our students and their families. Our nine four-legged therapists and our amazing staff still greet our students with a gentleness that melts so many hearts."

This year's event featured a full buffet brunch, a magic show, a photo booth, and our annual favorite "Pony Bingo." We're grateful for the wide variety of items donated for our silent auction. Special thanks to Mary Ann Plankinton & Terry Peach for their generous donation of a one-week beach-house vacation on North Captiva Island. 🐾



Hope Springs' Board of Directors was well represented at Celebrate Hope 2018.



We LOVED having so many of our students at Celebrate Hope!



Rider Chris and his mom Irene shared their experiences at Hope Springs.

**ON BEHALF OF THE RIDERS, FAMILIES, STAFF, VOLUNTEERS & BOARD OF DIRECTORS OF HOPE SPRINGS EQUESTRIAN THERAPY,
THANK YOU TO OUR CELEBRATE HOPE EVENT SPONSORS!**

GALLOP

*The Swimm Family
Peace by Piece Farm LLC*

CANTER

*The Hansen Family
Julie & Rick Kingery
Colliers International
Gawthrop Greenwood PC*

TROT

*Jeannie Knowlton
Thorncroft
The Bullivant Family
Marcia Berner
BLOCS*

WALK

*The Phifer/Gertz Family
Kent Smith
Lamia Barakat
Jan and Sam Brooks
AdminService*

Thorncroft Annual Fall Horse Show

Sunday, October 28, 2018



We're so proud of Mary Grace on Cricket and Anna on Hamilton for their excellent rides at the Thorncroft Annual Fall Horse Show. Special thanks to volunteers Lindsey, Melissa, Sandy, and Anna sharing the day with us. 🐾

JOIN US!

DECEMBER 8, 2018

End-of-Year Party
& Open House



Come join us as we celebrate another great year at Hope Springs!



HERE'S TO A GREAT YEAR IN 2018
and lots more to celebrate in 2019!



WHAT'S ON THE CALENDAR AT HOPE SPRINGS?

NOVEMBER	24	Thanksgiving Saturday Camp
	27	#GivingTuesday 2018
DECEMBER	8	End-of-Year Party & Open House
	21	Last Day of Lessons
	27-29	Holiday Horse Camps
JANUARY	3	Lessons Resume
MARCH	16	St. Patrick's Day Camp
APRIL	27	Spring Camp
MAY	4	Kentucky Derby Party

SAVE THE DATE

SATURDAY, MAY 4, 2019

Hope Springs Kentucky Derby Party
at the Whitford Country Club



WATCH WWW.HOPE-SPRINGS.ORG FOR DETAILS!

INTERESTED IN OUR REMAINING 2018 CAMPS?
WWW.HOPE-SPRINGS.ORG/CAMPS



ADDRESS CORRECTION REQUESTED.

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P.O. Box 156
Chester Springs, PA 19425

#GIVING TUESDAY



DON'T FORGET HOPE SPRINGS ON GIVING TUESDAY!

November 27, 2018 • www.hope-springs.org/GivingTuesday

The mission of Hope Springs Equestrian Therapy is to enhance the quality of life of individuals with cognitive, physical, emotional or behavioral disabilities by providing them with affordable therapeutic horseback riding and associated special education of the highest possible quality, in a warm, safe and familiar environment.

Your generosity makes a difference for our students, horses, and volunteers.

Thank You!