



# Experience the Wonder of Equestrian Therapy!

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#### **Camp Location**

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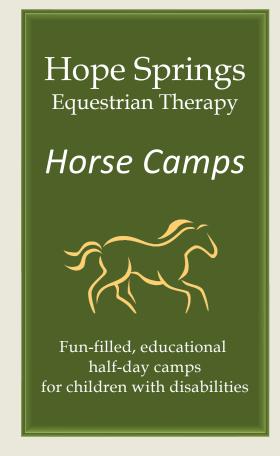
#### Website

www.hope-springs.org

Find us on Facebook HopeSpringsOrg

Hope Springs is a Pennsylvania nonprofit organization, tax-exempt under Section 501(c)3 of the Internal Revenue Act. We are a member of the Pennsylvania Association of Nonprofit Organizations and the PA Council on Therapeutic Horsemanship.

Hope Springs Equestrian Therapy





The mission of

Hope Springs Equestrian

Therapy is to enhance the quality of life of individuals with cognitive, physical, emotional or behavioral disabilities by providing affordable therapeutic horseback riding of the highest possible quality and associated special education, in a warm, safe and

familiar environment.







## Kids, join Hope Springs for a funfilled, educational week-long or single-day Horse Camp!

Week-long Summer Camps offer schoolage kids with disabilities a chance to connect with a very special therapeutic partner: their horse. With the help of specially-trained instructors and caring volunteers, campers learn to groom, tack, and ride their horses. They participate in many fun activities such as trail riding, scavenger hunts and a show in which they demonstrate new skills to friends and family. Campers improve their balance, coordination, strength and endurance; gain self-confidence and self-esteem; and forge new friendships with fellow campers.

Each camp includes our unique curriculum "The Journey of the Spirit Horse" -- an opportunity for children to learn in an innovative, creative environment based on the use of horses throughout history.

Campers improve communication and fine motor skills through arts and crafts, listening to and writing stories about horses and the children who love them, and playing horse-themed games. They enhance life skills by learning about respect for nature, trust, friendship and sportsmanship.

Our Saturday and Winter mini-camps are single-day sessions designed to introduce children to therapeutic riding and related educational activities. Winter camps, offered during December school vacation, even allow children with disabilities to participate along with their siblings and friends.

To ensure that everyone receives individualized attention, camp sessions are limited to 8 children. Each camp day starts at 9 am (10 am in the winter) and ends at 1 pm after a bring-your-own lunch. No horse experience needed; helmets and safety instruction provided.

"We did a lot of cool activities at camp.
We made nature bags, went on trust
walks and made friendship bracelets and
horse masks. The scavenger hunt was my
favorite. We trotted in the ring. I enjoyed
interacting with the other kids. The
volunteers were nice. It was fun!"

